

# Updates



**Dr. Charette shines on Great Day Connecticut with WFSB, sharing expert insights on hip and knee replacements. Empowering viewers with knowledge for a healthier, more active life! Click [here](#) for the full interview.**



**We have officially broken ground on our new building in Southington! Be on the lookout for further updates.**

# Newsletter



**December 2024**

*"Embrace the uncertainty, for that's where the magic of growth happens."*

## Eco-Friendly December




This month, we're focusing on sustainability with our Eco-Friendly December Challenge! Let's reduce waste by bringing reusable coffee mugs, packing eco-conscious lunches, or swapping traditional holiday cards for digital ones. Get creative with DIY gift-wrapping using sustainable materials like fabric or recycled paper. Let's make a positive impact on the planet this holiday season!



**Comprehensive Orthopaedics is proud to practice at the Connecticut Orthopaedic Institute. Read more about our partnership [here](#).**

**We take great pride in the exceptional care that our team provides.**



**"Great service. The staff were really nice and helped me fill out my paperwork and with any questions I had. The doctor was professional and has a good sense of humor. Helped me with my workers' comp claim and also got me in physical therapy."** 

**"I went in nervous. Left with the confidence that my hand would be fixed the right way by a professional."**

**Rated 8**

**"The Doctor and staff were thorough and kind. I required a diagnosis so I could go forward with my life - success! I will not hesitate to call in the future."**

**Rated 8**